

*Please let your server know if you have any allergies*



## LUNCH MENU

Bruschetta (*v, vg, gfo*)  
with cherry tomatoes, confit garlic  
£7.5

Whitebait  
with tartare sauce and lemon  
£7 / £13.5

Prawn cocktail (*gfo*)  
with Marie Rose sauce, crisp lettuce, lemon  
£8

Salt and pepper squid  
with black garlic mayo  
£7 / £13.5

Wholetail scampi  
with chips, tartare sauce and lemon  
£8.5 / £17

Caesar salad (*gfo*)  
with smoked chicken or smoked trout, anchovies, and Parmesan  
£8.5 / £16

The Plough-man's (*gfo*)  
ham, vintage cheddar, homemade pickles and crisp lettuce, bread of the day  
£18

Bere Mill gammon steak (*gf*)  
with chips, egg or pineapple  
£17

Mediterranean vegetable tart (*v, vg*)  
with sweet potato fries and salad  
£17.5

Butcher's sausages  
whole grain mustard mash, seasonal vegetables and cider jus  
£18

## Burgers

Bere Mill beef burger (*gfo*)

with smoked bacon, cheese, fries and slaw  
£17.5

Middleton Estate Venison burger (*gfo*)

with smoked bacon, cheese, fries and slaw  
£17.5

Spicy chicken burger

with smoked bacon, cheese, fries and slaw  
£17

Breaded halloumi burger (*gfo*)

with sweet potato fries, crisp salad with honey & mustard dressing  
£16.5

## Sharing (served with warm baguette)

Spicy chicken wings (*gfo*)

with honey, hot sauce and crudités  
£20

Baked camembert (*v*)

with crusty bread, spiced tomato chutney  
£15

Fisherman's platter

whitebait, scampi, salt & pepper squid, mackerel fillet and prawn Marie Rose  
£22

## Sides

Side salad £5

Chips £5

Fries £4

Seasonal Greens £6.5

Garlic bread £5

***Please ask your server about our daily specials***

*(v - vegetarian; vg - vegan; gf - gluten free; gfo - gluten free option available on request)*

### Allergen aware

All our food is prepared in a traditional kitchen where nuts, gluten and other allergens are present, and our menu descriptions do not include all ingredients. If you have a food allergy, please let us know before ordering. We cannot guarantee that our food is free from any allergens. Full allergen information is available on request.

All tips are shared by all the staff

The Plough, Longparish, [www.ploughinn.org](http://www.ploughinn.org) 01264 720069